# FRESH FROM THE FIELD 2020



Arugula - Rokita Flavor is mild, spicy and nutty, suitable for salad mix

Available: May - July, September - November



Beet -**Touchstone Gold** Striking golden fleshed beet.

Available: June – November



Cabbage -Yuki Napa

Chinese cabbage. Texture of lettuce with the peppery tang of cabbage.

Available: May - July, September - November



#### Chard -**Bright Lights**

A crisp, delicate, celery-like flavor, used like spinach. Imparts a beet-like flavor.

July – November



Firewood -Wild Cherry Seasoned for over

2 years. Best for its density and coaling qualities.

Available: November – December



## Greens Mix -Beta Blend

Chosen from among the best beet, kale, spinach and chard varieties.

Available: June – November



#### Lavender -Hidcote

Fresh harvested at the peak of their resin production.

Available: – July, September – November



#### Basil -Genovese

Classic Italian variety. Authentic flavor for salads, pesto. & sauce.

Available: June – August



## Bekana - Tokyo

A Chinese cabbage from Japan. Crisp with a mild, sweet, spinach flavor & mild pepper notes.

Available: June – November



#### Carlton

Japanese spinach, komatsuna. is a dark green, neutral flavor with slight sweet and mustard notes.

Available: May – July, September – November



#### Dandelion

For salad mix or bunching. Roots are roasted for coffee substitute

June – November



#### Ginger

Baby is much hotter than standard big gingers from a supermarket

Available: September – November



## **Hardwood Planks**

- Oak & Hickory 2 & 4". 10' length. Great look and color. Great for natural tables or benches

Available: June - December



#### Lettuce -Salanova

A buttery, delicate assortment of colors and textures.

Available: May - Septembe



#### Basil -Thai Siam Queen

Distinctive and pungent that adds tremendous flavor.

Available: July - November



#### Biochar -Red Oak

Primo soil amendment. Highly valued as a carbon sequestration agent.

Available: June – November



## Carrot -Sugarsnax

Very long, slender and coreless; a true cut-and-peel variety for baby carrots.

Available:

June – October



#### Escarole -**Batavian**

Heavily ruffled, tightly packed leaves for a dense, heavy head. Milder flavor.

Available: May - July, September - November



#### Gladiolus-**Polar White**

Pure white, lightly ruffled. Majestic. Most elegant of cut flowers.

Available: July - September



## Honey

Crude filtered. unpasteurized. cold spun and free from all agricultural chemicals.

Available: June - December



#### Lettuce-Mesclun

Darker reds and areens. Ruffled edges provide loft, texture, and neutral flavor.

Available:



#### Beet -**Red Ace**

Edible greens. Bright, glossy green, red-veined tops and red roots.

June – November



## Cabbage -Savoy

A mild earthy flavor without crunch that can be eaten raw.

Available: June – November



## Carrots -Deep Purple

Dark purple roots. 7-8" tapered roots with sweet flavor.

Available: June – November



#### Eggplant - Clara Unique, large white Italian type. Fruits are 5-6" long

by 4-5" diameter.

Available: July – October



## Greens Juice

A bitter blend of greens, cold pressed. High in phytonutrients, digestive tonic and energy drink.

Available: June - November



#### Kale - White Russian

Dwarf curly kale with dark green leaves for baby leaf.

Available: July, September - November



#### Lisianthus -White Echo Mix

Pure white flowers for early spring to summer harvest.

Available: July – Septembe



Maple Syrup Uniquely New England 100% pure and natural.

Available: All Year



Mushroom-Ovster Delicate umami flavor. Wild cultivated.

Available: October - November



Nasturtium -Whirlybird Mix Peppery flavor. Mixture

Available: July – November



Radish d'Avignon A traditional variety from Southern France Medium tops

Available: May - November



Romaine Tall, dark green plants. Crisp. durable and delicious

Available: May - October



Sugar Peas

Dwarf Grey snow pea. Edible flowers brighten salads and for candying to place on cakes

Available: June – September



Tomato Ramapo Jersey tomato. Flesh is smooth and juicy.

Available: July - November



Zinnia -**Benary Giant** Vigorous all-season.

Densely petaled blooms are up to 6" across.

Available: July - November



Mint-Orange

Highly aromatic Flavor infuser for teas, cocktails and lemonade. Strong flavor. Citrus notes.

Available: luly – October



Mushroom-Wine Cap Crisp, slightly nutty flavor. Wild

cousin of the portabella.

Available: May - June



Pak Choi - Bopak Dark green leaves,

white petiole. Flavor lingers between mild cabbage and spinach.

Available: May - July, September- November



Radish -Miyashige Daikon Crisp radish of

Available:

July - November



## Scallion-White Lisbon

Long, slender, tasty stalks in clusters with spring green ends.

Available: June - August



## Squash - Spineless Perfect

Summer squash medium-green type. Straight fruits on an open plant.

Available: June – September



#### Truffle Honey

Honey infused with French black truffles. Delicious on cheese, toast, or ice cream.

Available: All Year



## Mizuna

Traditional mustard green of Japanese origin. Mild flavor.

Available: July, September – November



## Mushroom-Chicken of the Woods

Wild cultivated. Chicken breast taste & texture. Tender. al-dente bite

Available: October – November



#### **Parsley**

Flat, dark green leaves are flavorful and used for tabouli. meat, soups and salads.

Available: June – November



## Radish -**Red Meat**

Watermelon radish, white skin, Remarkably sweet, delicious taste.

Available: July - November



#### Snapdragon

Edible. A colorful garnish for salads, desserts, & drinks. Floral flavor & slightly bitter. Use sparingly.

Available: July - October



## Tatsoi - Koji

Dark green, hybrid tatsoi for bunching or baby leaf. Excellent in salad mix.

Available: May - July, September - November



## Turnip - Hakurei

White Japanese salad turnip is sweet and fruity, and the texture is crisp and tender.

Available: June - November



## Mushroom -Shiitake

Umami flavor. Wild cultivated.

Available: March - May, September - December



#### Mustard-Golden Frill

Mustard flavor gives an acute peppery zing.

Available: July – September



## Pepper -**Lunchbox Mix**

Snack peppers in all three colors, red, yellow, and orange.

Available: July - October



## Rhubarb -Crimson Red

bright red large stalks, sweet yet agreeably tart.

Available: July - November



## Spinach - SV2157

Sweet and tender. Very dark, tailored to baby leaf production.

Available: May – July, September – November



#### Tomato -**Cherry Sakura**

Delicious, juicy, sweet flavor. Thin skin yet firm.

Available: May - July, September - November



## Wasabi

Authentic Japanese horseradish. Mild pungent flavor that stimulates the nose.

Available: June – November